

# JOHN PAUL II PONTIFICAL THEOLOGICAL INSTITUTE FOR MARRIAGE AND FAMILY SCIENCES

## INDIAN SESSION CANA



## PROSPECTUS & CALENDAR 2025-2026

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# CONTENTS

1. Apostolic Constitution .....	4
2. Administration.....	6
3. Institute Council.....	6
4. Professors and Lecturers .....	7
5. John Paul II Pontifical Institute - Identity and Nature.....	9
6. Norms for application .....	12
7. Fee Structure.....	12
8. Licentiate - Course Requirements.....	13
9. Examination & Grading System .....	14
10. Courses Offered .....	16
11. Semester-wise Distribution of Courses .....	19
12. Institute Calendar 2022 - 23 .....	28
13. Class Schedule .....	32



*Leo P.P. XIV*

HIS HOLINESS POPE LEO XIV



## **APOSTOLIC CONSTITUTION**

### *Magnum Matrimonii Sacramentum*

John Paul II, Bishop, Servant of the Servants of God,  
as an everlasting memorial

1. The Church has always shown her special pastoral concern for the great sacrament of Matrimony (cf. Eph 5:32) since she is “conscious that marriage and the family are one of the greatest goods belonging to the human race” (*Familiaris Consortio*, n.1). Indeed “the salvation of the individual as well as of human and Christian society itself is intimately connected with the health and well-being of marriage and the family” (*Gaudium et Spes*, n.47). A sign of this special pastoral concern is the very lengthy treatment, which the Vatican Council II gave to it in its deliberations. The popes and bishops of the entire world have never tired of teaching and furthering the loftiest ideals of marriage and the family, while at the same time supplying answers to the questions of today as our Predecessor Pope Paul VI did when he issued his encyclical, *Humanae Vitae*.

Among the many signs of this great concern in more recent times has been the Synod of Bishops held in Rome from 26th September until 25th October 1980, as well as the establishment of the *Pontifical Council for the Family*.

2. Among the major responsibilities entrusted to the Church, which have to do with marriage and the family, one of the most distinct is the duty to “state to everyone the plan of God for marriage and the family in order to safeguard its full vigour and advancement both in a human and a Christian sense”(*Familiaris Consortio*, n.3). This is the reason why the Church was so zealous to study the theology of marriage and to set up institutes which would encourage the pastoral care of



marriage and the family. These institutes were to work in a special way in the field of pastoral care.

Now it has become necessary to found a primary Institute of studies whose special concern will be to promote the basic theological and pastoral study of marriage and family for the good of the whole Church.

3. Therefore, after mature deliberation, we determine and decree that the Pontifical Institute for Marriage and Family, which has already been set up at the Pontifical Lateran University, should now be given juridical form. This is done so that the truth of Marriage and the Family may be given ever closer attention and study, and that lay people, religious and priests can receive scholarly formation in the study of marriage and the family either in a philosophical-theological way, or from the point of view of the human sciences. In such a way their pastoral and ecclesial ministry for the good of the People of God will be more carefully and effectively carried out.

Central to the concept of this Institute will be its right to confer the following academic degrees:

- The Doctorate in Sacred Theology with a specialization in the theology of Marriage and the Family.
  - The Licentiate in Theology of Marriage and the Family and the Licentiate in Family Sciences.
  - The Diploma in the study of Marriage and the Family.
4. The Institute will implement the following objectives:
    - A. The establishment of a curriculum leading to Doctorate in Sacred Theology in the theological study of Marriage and the Family for those who already have attained the Licentiate in Sacred Theology.
    - B. The establishment of a curriculum for the Licentiate in Sacred Theology for those who have received the Bachelor's Degree in Sacred Theology and a new Licentiate in Family Sciences for those who have received the Bachelor's Degree in any subjects.
    - C. The establishment of a curriculum for the Diploma in the Theology of Marriage and the family for those who are entitled to take courses at the University level in their own nations.
    - D. The planning of study seminars to which people of sound judgment may be invited to consider the more serious and important questions pertaining to Marriage and the Family. These seminars may take place either at the request of the Dicasteries of the Roman Curia or of individual Episcopal Conferences.
  5. The academic Authorities are personal and collegial (See Apostolic Constitution *Veritatis Gaudium*, art. 15). The personal authorities are:



for the entire Institute and the Central Session, the Grand Chancellor and the President of the Institute; for the Central Session its Vice-President; for the extra-urban Sessions, also their respective Vice-Grand Chancellor and Vice-President.

The collegial authorities for the entire Institute are Higher Council and the Council of the Institute; for the Central Session the Council of the Central Session; for the respective Sessions the Session Council.

6. Whatever this apostolic Constitution establishes shall in due time be put into effect by the specific regulations of the Institute. These shall be approved by the legitimate Authority of the Holy See after hearing the advice of the Academic Senate of the Pontifical Lateran University.
7. The Institute is entrusted in a special way to the care of the Most Blessed Virgin Mary under her title, Our Lady of Fatima.

Finally, we want this Constitution of ours to be firm, valid and effective, and it must be scrupulously observed by all concerned, notwithstanding anything to the contrary.

*(Given at Rome, at St. Peter's on the 17<sup>th</sup> of October, on the feast of Our Lady Of the Rosary, in the year 1982, the fourth year of our Pontificate. John Paul II)*

\* \* \*

## ADMINISTRATION

Grand Chancellor	: <b>His Eminence Cardinal Baldassare Reina</b>
Grand Vice-Chancellor	: <b>His Grace Mar Thomas Tharayil</b> (Metropolitan Archbishop of Changanacherry)
President	: <b>Msgr. Philippe Bordeyne</b> (Rome)
Vice-President	: <b>Rev. Dr. Tom Kainikkara</b>
Dean of Studies	: <b>Rev. Dr. Jacob Koippally</b>

## INSTITUTE COUNCIL

Rev. Dr. Tom Kainikkara (President)	Rev. Dr. Tomy Puthenpurackal
Rev. Dr. Jacob Koippally (Secretary)	Rev. Dr. Jose Parappally
Rev. Dr. Thomas Kochuthara	Rev. Dr. Philip Kavithazhe
Rev. Dr. Scaria Kaniyakonil	Rev. Dr. Thomas Valliyanipuram
Rev. Dr. Antony Moolayil	Prof. Dr. P.C. Aniyankunju



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## THE IDENTITY AND NATURE OF THE INSTITUTE

**The Pontifical John Paul II Institute for studies on Marriage and Family**, established in 1981 by His Holiness John Paul II, with its central faculty in Rome at the **Pontifical Lateran University** has a network of specialized sessions for studies on Marriage and Family across the whole world. The Institute is in a certain sense an “unicum” among the Ecclesiastical Academies. In fact, the Institute is one (with one Chancellor and one President) and, at the same time, it is structured on each Continent by means of the juridical figure known as Session. Through the Apostolic Constitution *Magnum Matrimonii Sacramentum* of 07 October 1982, the Feast of Our Lady of the Rosary, the Central Session of the Institute was established and its identity and purpose were defined. On that occasion the Institute was entrusted in a special way to the care of the most Blessed Virgin Mary under her title, Our Lady of Fatima.

Since the foundation of the Central session in Rome, the Institute has spread to the five Continents with sessions in Washington D.C (United States), Mexico City and Guadalajara (Mexico), Madrid and Valencia (Spain), Salvador de Bahia (Brazil), Cotonou (Benin-Africa), Lebanon and Changanacherry (India). Though the courses at this Indian Session of the Institute had already started in the year 1997, only in November 2001 did the Institute become the *Indian Session* of the *Pontifical John Paul II Institute* through a Decree from the Congregation for Catholic Education. The studies undertaken at this Institute are awarded with Pontifical degrees from John Paul II Pontifical Institute, Rome.

The academic Authorities are personal and collegial (See Apostolic Constitution *Veritatis Gaudium*, art. 15). The personal authorities are: for the entire Institute and the Central Session, the Grand Chancellor and the President of the Institute; for the Central Session its Vice-President; for the extra-urban Sessions, also their respective Vice-Grand Chancellor and Vice-President.

The collegial authorities for the entire Institute are Higher Council and the Council of the Institute; for the Central Session the Council of the Central Session; for the respective Sessions the Session Council.

### I. Marriage and Family as a Way of Life

“The future of humanity passes by way of the family” (FC n.86). This is the time of the family, inside the Church and within society. Addressing the members of the Pontifical John Paul II Institute on March 23, 1992, the Holy Father John Paul II said, “the gospel message on the family is today at the centre of crucial concern for the Christian existence and the new Evangelization”. In the Encyclical Letter “*Redemptor Hominis*”, he stated the animated word: “Man cannot live without love. He remains a being that is incomprehensible for himself; his life is senseless if love is not revealed to him, if he does not encounter love, if he does not experience it and make it his own, if he does not participate intimately in it” (n.24).



In the Encyclical Letter *Deus Caritas Est*, Pope Benedict XVI makes clear that “Marriage based on exclusive and definite love becomes the icon of the relationship between God and his people and vice versa. God’s way of loving becomes the measure of human love” (n.11). Keeping the spirit of its founder Pope John Paul II, the ultimate goal of research in the Pontifical John Paul II Institute for Studies on Marriage and Family, is to provide a deeper understanding of God’s plan on Marriage and Family by means of multidisciplinary education rooted in sound philosophical, theological, psychological and other areas of human sciences.

John Paul II Institute prepares postgraduates (laypersons, priests, and religious) for many types of activities in the field of marriage and the family. In some cases this activity is directly pastoral and apostolic, while in other cases it is combined with professional activity. It prepares persons for research in academic work in the social- medical field, educators in the schools, in the fields of counselling, health care institution, and family pastoral ministries.

## **II. The Distinguishing Feature of the Institute’s Study and Objectives**

John Paul II Institute is devoted to the study of the truth about human person in all its dimensions: theological, philosophical, psychological and other human sciences. Established “for India and the neighbouring countries”, this Institute at Changanacherry is committed to serving the whole of India and the neighbouring countries and all Christian Churches.

The Institute bases its study on the fact that Marriage and Family are rooted in the inmost nucleus of the truth about man and his destiny. Sacred Scripture reveals that the vocation to love is part of the authentic Image and Likeness of God. It focuses on the study on the newness of John Paul II’s teaching on human love. A philosophy of marriage and Family that reveals the *Communio Personarum* is one of the main areas of our teaching. The systematic theology that allows an “adequate” anthropology is another central theme. This anthropological study seriously takes the notion of *nuptial mystery* in order to find the truth and meaning of Marriage and Family. The sacramental value of marriage and the ecclesiology of Marriage and Family are studied from various dimensions. A moral theology of Excellence in Love and Action is another key area of our research. The moral theology searches how the experience of love is inscribed in human action. The method proper to the Institute and one of its specific tasks in studying marriage and family consists in the interdisciplinary use of the human sciences: psychology, pedagogy, sociology, law, bio-ethics, biology, medicine etc.

## **III. The Programme of Study**

The Institute offers two Licentiate Degrees in Marriage and Family. Both these programmes are designed upon the model of the Pontifical John Paul II Institute across the world, while remaining sensitive to local academic and intellectual traditions, and to the particular challenges facing marriage and family



in Asian region. The students can attend two programme simultaneously, one at SB College, leading to the MA degree, with specialization in Family Studies, from MG University, and the other at the John Paul II Pontifical Institute, leading to the Licentiate degree. Other than the degree programmes, the Institute offers different diploma programmes in Counselling and Family Ministry.

#### **IV. The New Institute**

Pope Francis, on 8th September 2017 through his motu proprio *Summa familiae cura* "By the greatest concern for the family" gave to the institute a new name and redefined its mission.

According to Pope Francis, "The welfare of the family is decisive for the future of the world and that of the Church...We do well to focus on concrete realities, since 'the calls and the demands of the Spirit resound in the events of history', and through these the Church can also be guided to a more profound understanding of the inexhaustible mystery of marriage and the family." Therefore, he states, "we must look, with the intellect of love and with wise realism, at the reality of the family today in all its complexity, with its lights and its shadows."

In this context Pope Francis thinks that it is timely to give a new legal disposition to the John Paul II Institute, so that this academic institution today be better recognised and appreciated. Therefore, Pope Francis decided to institute a new John Paul II Pontifical Theological Institute for Marriage and Family Sciences, broadening its field of interest, both in relation to the new dimensions of the pastoral task and of the ecclesial mission, and with reference to developments in the human sciences and in anthropological culture in a field so fundamental for the culture of life.

A total vision of the new institute would be clear through the articles 1 to 6 of the same document.

The Institute in India enjoys the warm encouragement of the Bishops' Conference of India and the special interest of the Major Superiors and Provincials of the religious congregations. The Graduates from the Indian Session are actively involved in the socio-medical field, in the fields of counselling, health care institutions, personal and family law and family pastoral ministries in various dioceses in India. The Institute has attracted students not only from India but also from other neighbouring countries and all the Christian Churches. Here they have found a strong sense of family spirit and a great quality in academic research. By this time, these programmes have proven themselves to be a productive way of replying to the ever-increasing demand that the pastoral care of families is placing on local Churches and society. The Institute also hopes to award in the near future, secular University degrees in affiliation with the Indian universities.

**Dr. Tom Kainikkara, Vice-President**



## NORMS FOR APPLICATION FOR LICENTIATE

Fill up the application form and send it to the Vice-President or submit it online along with the following items.

1. Original and two attested copies of the qualifying Certificate.  
(For Licentiate degree, B.Th Certificate/Degree Certificate together with Marklists is to be attached)
2. Original and two attested copies of the front page and the marklist of the S.S.L.C. certificate.
3. Three passport size photos.
4. Bio-data
5. Recommendation Letter of the Bishop or the Superior
6. Application form and Registration fee: Rs. 1500/-. All the fees can be remitted online using the link in the website: [www.stjohnpaul2institute.org](http://www.stjohnpaul2institute.org)

The Bio-data should include: Name, address, academic qualification, languages known, job experiences, participation in organizations, special interests, research interests, expectations from the course, career goals in attending the course and other details if any.

### Address to contact:

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[johnpaulismf1998@gmail.com](mailto:johnpaulismf1998@gmail.com)

## FEES

### LICENTIATE

Registration	1500	
Establishment fee	2000	(Annually)
Tuition		
Licentiate	12500	(Per Semester)
Graduation fee	1000	
Licentiate Thesis Submission	1500	
Boarding & Mess	40000	Per Semester



## **DIPLOMA COURSE IN FAMILY MINISTRY AND COUNSELLING (Five Months)**

Registration	500
Tuition	4500 (For Family Counselling only)
Tuition	12,500 (For Family Ministry & Counselling)
Boarding & Mess	7000 Per month

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## **LICENTIATE PROGRAMME COURSE REQUIREMENTS**

Students are required to do courses and seminars for 54 credits (one credit is 15 lecture hours) with at least a B grade average. They have to do four seminars (8 credits), one in each semester. Students are required to make one book review for each semester. They will select the books with the approval of the professors. Extension Lectures in “Theology & human sciences” are obligatory for the completion of the course. They will also make a research study under the guidance of a Professor on a specific theme, and submit a written Thesis of 80 to 100 typed pages. The Dean of Studies will appoint a Second Reader for the Thesis. Only when the Thesis is approved by both the Guide and the Second Reader, the student can appear for the final examinations.

To appear for the Examination the student has to earn 80 % of the attendance in each subject. The student will also have to successfully defend the thesis before a panel of professors, decided by the Institute Council. Besides the Defence, the students have to undergo the Comprehensive Oral & Written Examinations.

### **NORMS FOR THE COMPREHENSIVE EXAM AND THESIS DEFENCE**

The modalities of the Comprehensive Oral & Written examination will be proposed by the Institute Council and will be published one month in advance.



The student has to write a thesis which should manifest “Scientific Excellence”

- The theme of the thesis has to be approved by the Institute Council.
- The Student has to submit a copy of the Thesis to the Dean of Studies to be submitted to the Second Reader for its assessment.
- The student has to present two copies of the thesis at the office of the Institute after the Public Defence and the Final Corrections.
- The thesis should not exceed 100 pages (including index and bibliography).
- Only limited internet references will be accepted for the Thesis.

### **NORMS FOR THE EXAM**

- All the students have to appear for the regular sessions of the examinations fixed by the Institute. Those who do not secure pass marks and those who fail to appear in the regular session can do the examinations in a second session where the evaluation will be out of 95 percent of the total marks.
- The mode of exam is left to the freedom of the examiner.
- The office of the institute, in consultation with the Professor concerned, has to ensure that the student has sufficient percentage of attendance required for the course.

### **LANGUAGE REQUIREMENT**

The student is required to manifest a working knowledge of one modern language (German or Italian) for the completion of the Licentiate Degree Programme. The language courses may be offered at the Institute for which the students will have to pay a minimum amount.

### **EXAMINATION (LICENTIATE)**

Examinations for individual subjects have to be done at the Scheduled time. The Vice-President may allow students to appear for examinations outside the scheduled time owing to serious reasons. To appear for the examination, there should be 80% attendance. To appear for the Final examination the candidates, who have earned the necessary credits, will have to satisfy all requirements as may be stipulated from time to time.



## GRADING SYSTEM FOR LICENTIATE

### Total Marks: 30

Distinction	:	A+ (Summa cum Laude)	:	29.5 - 30
First Class	:	A (Magna cum Laude)	:	27.5 - 29.4
Second Class	:	B+ (cum Laude)	:	25.5 - 27.4
Third Class	:	B (Bene Probatus)	:	21.5 - 25.4
Third Class	:	C (Probatus)	:	18 - 21.4
Fail	:	F	:	Below 18

N.B. 5 marks out of 30 for each individual subject will be set apart for internal assessment by the professor concerned in the following manner:

Active participation and attendance in class	-	3 marks
Class notes	-	2 marks

## FINAL GRADING

The final grading will be done in the following manner:

Individual topics and seminars	:	500 marks
Thesis	:	150 marks
Comprehensive oral exam	:	150 marks
Comprehensive written examination	:	100 marks
Total	:	900 marks



## **COURSES OFFERED**

### **LICENTIATE IN FAMILY THEOLOGY**

#### **SECTION ONE: CORE COURSES**

ISMF A01	Nuptial Mystery: Theology of the Body (Part I)	(2)
ISMF A02	The Theological Significance of the Body (Part II)	(2)
ISMF A03	Communio Personarum	(2)
ISMF B01	Marriage and Family in the Old Testament	(2)
ISMF B02	Marriage and Family in the New Testament	(2)
ISMF B03	Life in the Bible	(2)
ISMF M01	Primacy of Love - Thomistic Interpretation of Morality	(2)
ISMF M03	The Vocation to love: Sexuality and Happiness	(2)
ISMF M04	Different Schools in Moral Philosophy	(2)
ISMF M12	Learning to Love: Passion and Choice	(2)
ISMF M13	An Excellent Love: Chastity and Charity	(2)
ISMF M14	Bioethics: LGBT Issues	(2)
ISMF P03	Family Psychology	(3)
ISMF P05	Theories of Personality	(2)
ISMF S01	Social Subjectivity of the Family	(1)
ISMF T01	Patristic teachings on Marriage and Family	(2)
ISMF T02	Family Spirituality & Eucharistic Foundation of Marriage & Family	(2)
ISMF T05	Theology of Marriage and Family	(2)
ISMF T16	Fundamental Theology of the Christian Form	(2)
ISMF V01	Magisterial Teachings on Marriage and Family	(2)
ISMF V02	Marriage and Family in the World Religions	(2)
ISMF V04	Family Apostolate & Family Ministries	(2)
ISMF V14	Modern Culture and the Sacrament of Marriage & Family	(2)
ISMF V16	Laws on Women and Children	(2)
ISMF V18	Pastoral Accompaniment to Families in the Light of 'Amoris Laetitia'	(2)

#### **SECTION TWO: ADDITIONAL COURSES**

ISMF A05	Natural Family Planning	(1)
ISMF A10	Anthropological Foundation of Marriage and the Family	(1)
ISMF LG1	Italian/ German Language	(2)
ISMF LG2	Latin Language	(1)
ISMF M05	Ethical Issues at the Beginning of Life	(2)
ISMF M15	Ethical Issues at the End of Life	(2)
ISMF M06	The Moral Foundations and the Human Action	(2)



ISMF P02	Substance Abuse Counselling & Family Therapy	(2)
ISMF P06	Different Approaches in Psychology	(2)
ISMF P07	Attachment Theory	(1)
ISMF P08	Neuro-Linguistic Programme	(1)
ISMF P09	Abnormal Psychology	(2)
ISMF P20	Family Therapy Part II	(2)
ISMF P21	Family Therapy Part I	(2)
ISMF P22	Parenting Psychology	(2)
ISMF S02	Family & Common Good	(1)
ISMF T06	Foundations of Ecclesiology I & II	(1)
ISMF T07	Family and Liturgy	(1)
ISMF V08	Counselling Practicum	(2)
ISMF V11	Family Care in Pastoral Context – Psychological Approach	(2)
ISMF V12	Marital Love & Adjustment	(2)
ISMF T17	Love Precedes Desire: Theocentric Humanistic Choice and Action in the Summa Theologica of St. Thomas Aquinas	(2)

### SECTION THREE: OPTIONAL COURSES

ISMF P10	Schizophrenia and the Family	(1)
ISMF P11	Behaviour and its modification in Relation to the Family	(1)
ISMF P12	Adolescence-Related Problems and Family	(1)
ISMF P13	Crisis Counselling	(1)
ISMF P14	Mood Disorders	(1)
ISMF P15	Motivation and Personality	(1)
ISMF P16	Psychopathology, Crime and Delinquency	(1)
ISMF P17	Human Development and Family Relationships	(2)
ISMF P18	Mental Health and Disorders	(1)
ISMF S03	Sociology of Health and Hospital Management	(1)
ISMF V06	Marriage and Canon Law	(2)
ISMF V07	Civil Law on Family Values and Marriage (Indian Context)	(1)

### SECTION FOUR: SEMINARS

ISMF A07	Hermeneutics of Human Person	(2)
ISMF A08	Women Empowerment	(2)
ISMF B04	Families in the Bible	(2)
ISMF M07	Bioethical Issues	(2)
ISMF M08	Moral Philosophy	(2)
ISMF M09	Virtue-centred moral life	(2)
ISMF M10	Veritatis Splendor & different moral approaches	(2)



ISMF T09	Family: The Domestic Church	(2)
ISMF T10	Theology of Love	(2)
ISMF T11	Theological Anthropology with Patristic Emphasis	(2)
ISMF T12	Revisiting Humanæ Vitæ after Fifty Years	(2)
ISMF V13	Pastoral Care for Migrants	(2)
ISMF V15	Families at crossroads: Pastoral issues of mixed marriages	(2)

**SECTION FIVE: ADDITIONAL SUBJECTS**

(Obligatory for all students)

ISMF 605	Research and Thesis Writing Methodology	(2)
ISMF 606	Extension Lectures in Theology & Human Sciences	

**COURSES OFFERED**

**LICENTIATE IN FAMILY SCIENCES**

All the courses of Family Theology are included in this course

**SECTION ONE: CORE COURSES**

ISMF A09	Anthropological questions in the perspectives of "Laudato si"	(2)
ISMF T15	Family in Literature and Cinema in the Indian Context	(2)
ISMF V16	Family and the Demography	(2)
ISMF V17	Family and Economics	(2)
ISMF V19	Glimpses of Family Values in Modern English Literature	(1)

**DIPLOMA COURSE IN FAMILY MINISTRY & COUNSELLING**

(Accredited by John Paul II Pontifical Institute, Rome & Indian Institute of Christian Studies-Christian Chair, Calicut)

- Theology and Spirituality of Marriage and Family
- General Psychology
- Abnormal Psychology
- Bioethics and Family
- Parenting
- Human Sexuality
- Social Psychology
- Personality Theories
- Developmental Psychology
- Counselling Skills and Techniques
- Couples and Family Therapies



## **DIVISION OF COURSES**

### **I SEMESTER (2025 July – 2025 October)**

#### **ISMF M03 The Vocation to love: Sexuality and Happiness**

**Koippally**

The course analyses the vocation to love and the happiness it brings to the life. The experience of loving is studied from various angles. We also aim to learn how does pleasure, sexuality and happiness are integrated in the experience of loving

#### **Bibliography :-**

1. CDF, *On the Pastoral Care of Homosexuality*, 1986.
2. Pontifical Council for Social Communication, *Pornography and Violence in the Communication Media*, 1989.
3. CDF, *Nondiscrimination against Human person*, 1992.
4. Pontifical Council for Family, *Truth and Meaning of Human Sexuality*, 1995.
5. Jose Noriega, *The Destiny of Eros, Prospective of Sexual ethics*, Rome 2005.
6. John Paul II, *Love and Responsibility*.

#### **ISMF B01 Marriage and Family in the Old Testament**

**Vallianippuram**

This course is intended to offer a deep understanding of conjugal love and marriage in the Israelite tradition. It analyzes the historical and cultural dimensions of marriage and family in Israel. Nuptial celebration in Israel is discussed in detail. Marriage and family are studied as legal institutions and as a religious act. It studies all the Old Testament texts, (especially Genesis, Prophets and Wisdom Literature and symbols of spousal love in the Song of Songs), dealing with Marriage and family.

#### **Bibliography :-**

1. K. Luke, Genesis 1 - 3, an Exposition, Always, 1980
2. P. F. Ellis, *The men and the message of the Old Testament*, New York
3. B. Vawter, *The Conscience of Israel*, New York, 1961.
4. T. H. Robinson, *The poetry of the Old Testament*, London, 1952

**ISMF P21****Family Therapy Part I****Alencherry**

This course is composed of Counselling, its origin, goals, dynamics, skills and techniques: different schools of family counselling; the process and stages of family counselling; Pre-marital Counselling; experience in actual family counselling through role play etc.

**Bibliography:-**

1. Ackerman, *Family Therapy in Transition*. Boston, 1970.
2. J. E. Bell, *Family Therapy*. New York: Aronson, 1975.
3. M. Bowen, *Family Therapy in Clinical Practice*. New York, 1978.
4. V. Foley, *An Introduction to Family Therapy*. New York, 1974.
5. A. Gurman, *Handbook of Family Therapy*. New York, 1991.
6. Jose Alencherry, *Family Counselling*, Madhyastan Books, Changanacherry, 2016.

**ISMF P20****Family Therapy Part II****Mulavarikkal**

This course aims at equipping the students to be effective Family Therapists. The course will systematically cover the core system concepts, and teach various skills and techniques of Family Therapy. Students will learn how to use these learning in their actual counselling sessions as well as apply these in their own very families and communities.

**Bibliography:-**

1. Family Therapy: History, Theory & Practice (Samuel Gladding)
2. Genograms: Assessment and Intervention (McGoldrick, Gerson & Petry).
3. Family Therapy: Concepts and Methods (Michael P. Nichols).
4. Family Therapy: A systemic Integration (Becvar & Becvar).
5. Mastering Competencies in Family Therapy (Diane Gehart).

**ISMF V12****Marital Love & Adjustment****Elamkulam**

Love is never static; it is dynamic, always in the process of building up and enhancing relationship. This topic is concerned with the dynamism and ingredients of Marital Love and its functions.

**Bibliography:-**

1. Corey G., *Theory and practice of counselling and psychotherapy* (6th Ed. ), CA, Brooks/Cole 2001.
2. Covalt P., *What smart couples know: the secret of a happy relationship*, AMACOM, New York 2007.
3. Dattilio & Bevilacqua, *Relationship dysfunction: A practitioner's guide to Comparative treatments*, LLC, NY 2000.



4. Golden Berg, *Family Therapy: An overview*, CA, Thomson Brooks/ Cole 2008.
5. Sternberg R. J., *A Triangular theory of Love: Psychological Review*, 1986, 93 - 2, 119-135.

**ISMF A10 Anthropological Foundation of Marriage and the Family  
Kavithazhe**

Every research of and mission for, marriage and the family should set forth from “the meaning of marriage and the family in the plan of God, Creator and Saviour.” (Pope Benedict XVI) God has revealed this plan even from the beginning of the creation. Theological anthropology teaches that man is created in the image of God and he is called to share the nature of God. Our study makes clear the fact that the nature with which man is created leads him to the institution of marriage, the basis of family. Marriage understood as an intimate communion of life and love of a man and a woman is not determined by contemporary social structures but by the principles of divine law.

**Bibliography:-**

1. Pope John Paul II, *Man and Woman He Created Them, A theology of the Body*, Pauline Books and Media, Boston 2006.
2. Pope Benedict XVI, *The Encyclical Deus Caritas Est*, (25.12.2005).
3. Angelo Scola, *The Nuptial Mystery*, William B. Eerdmans Publishing Company, Michigan 2005.
4. Carl Anderson - *Jose Granados, Called to Love*, Image Books, New York 2009.

**ISMF V06                      Marriage Canon Law                      Kavilpurayidathil**

The aim of the Course is to impart a general understanding of the canonical norms that govern marriage in the Catholic Church based on the canons on marriage in Code of Canons for the Eastern Church (CCEO) and Code of Canon Law (CIC). Pertinent civil law regarding marriage and divorce also shall be looked into.

CIC Canons on Marriage cc. 1055-1165, total number of canons 111

CCEO Canons on Marriage cc. 776-866, total number of canons 91

**Bibliography:-**

1. Gramunt, I. (ed.), *Canons and Commentaries on Marriage*, The Liturgical Press, Minnesota, 1982.
2. Jorgensen, G. (ed.), *Marriage Studies V, Sources in Matrimonial Law*, Canon Law Society of America, Washington, 2004.



3. Lobo, G., *The New Marriage Law*, St. Pauls Publications, Bombay, 1997.
4. Nedungatt, G. (ed.), *A Guide to the Eastern Code, Kanonika 10*, Pontificio Istituto Orientale, Rome, 2002.
5. Pospishil, V., *Eastern Catholic Marriage Law*, St. Maron Publications, New York, 1991.

### **ISMF T05 Theology of Marriage and Family**

**Kochuthara**

Recent decades witnessed significant developments in Church's theology of marriage and family. The course highlights the scriptural basis, God's call for marriage, the sacramentality of marriage and its relation to other sacraments, Patristic and magisterial teachings, Post-Tridentine developments, modern secularization of marriage, Marriage and Family according to *Gaudium et Spes*, *Familiaris Consortio* and *Amoris Laetitia*, Responsible Parenthood, sexual moral questions, Post-Vatican II dialogue between marriage and consecrated life, Anthropology, Christology and Trinity as foundation for Marriage and Religious status, Marriage as a Way of Life in Christ.

#### **Bibliography:-**

1. Marc Cardinal Ouellet, *Mystery and Sacrament of Love: A Theology of Marriage and Family for the New Evangelization*. Grand Rapids, Michigan: William B. Eerdmans Publishing Company, 2015)
2. Peter Jeffery, *The Mystery of Christian Marriage*. New York: Paulist, 2006.
3. Kimberly Kirk Hahn, *Life-Giving Love: Embracing God's Beautiful Design for Marriage*. Cincinnati, Ohio: Servant Books, 1999.
4. Enda McDonagh, ed., *The Meaning of Christian Marriage*. New York: Alba House, 1963.
5. Christopher West, *Theology of the Body Explained: A Commentary on John Paul II's "Gospel of the Body."* Boston: Pauline Books and Media, 2003.

### **II SEMESTER (2025 November – 2026 March)**

#### **ISMF M14 Bioethics: "LGBT Issues"**

**Kainikkara**

In this course we try to explore a scare issue in the Church and in the society at large, i.e., the so called "LGBT" issue. We try to understand the inherent complexities of this issue that are stemming from the interactive or multiple genetic, intrauterine, environmental, family, social, psychological and habitual, political influences on the course of development.



### **Bibliography:-**

1. CONGREGATION FOR THE DOCTRINE OF THE FAITH, Letter to the Bishops of the Catholic Church on the Pastoral Care of Homosexual Persons, in [http://www.vatican.va/roman\\_curia/congregations/cfaith/documents/rc\\_con\\_cfaith\\_doc\\_19861001\\_homosexual-persons\\_en.html](http://www.vatican.va/roman_curia/congregations/cfaith/documents/rc_con_cfaith_doc_19861001_homosexual-persons_en.html)
2. CATECHISM OF THE CATHOLIC CHURCH, "Chastity and homosexuality", nos. 2357-2359.
3. USCCB, *Ministry to Persons with a Homosexual Inclination: Guidelines for Pastoral Care*, 2006.
4. Gerald D. COLEMAN, *Homosexuality: Catholic Teaching and Pastoral Practice*, Paulist, New York 1995.
5. John F. HARVEY (ed.), *Same Sex Attraction: A Parent's Guide*, St. Augustine's Press, Indiana 2003.
6. Nicholas M. TECH, *Transgender 101, A Simple Guide to a Complex Issue*, Columbia University, New York 2012.
7. Robert STACKPOLE, *A Bridge of Mercy: Homosexuality and God's Merciful Love*, Marian Press, Stockbridge 2018.

### **ISMF M12 Learning to Love: Passion and Choice Koippally**

This course tries to answer the importance of passions in our life. It looks at the traditional concept and examines whether passions are our enemy to be controlled and dominated. What role they play in the dynamics of human act? A philosophical and psychological analysis of love as a passion and choice is the theme of the course.

### **Bibliography:-**

1. CDF, *On the Pastoral Care of Homosexuality*, 1986
2. Pontifical Council for Social Communication, *Pornography and Violence in the Communication Media*, 1989
3. CDF, *Nondiscrimination against Human person*, 1992.
4. *Truth and Meaning of Human Sexuality*, Pontifical Council for Family, 1995
5. *Jose Noriega, The Destiny of Eros*, Prospective of Sexual ethics, Rome 2005.

### **ISMF V 17 Family and Economics Prof. P.C. Aniyankunju**

The course is intended to have an understanding of the application of basic economic concepts such as production, distribution, market, decision making, S & I, budget, etc to family. It aims at explaining



outcomes and behaviour of family related to marriage, size of the family, resource management, happiness, common good etc.

### **Bibliography:-**

1. BROWNING M. - CHIAPPORI Pierre- Andre - WEISS Yoram, *Economics of the Family*, Cambridge University Press, 2014.
2. BROWNING M. – CHIAPPORI P. A. - WEISS Yoram, *Family Economics*, Tel Aviv University, 2011.
3. CONGREGATION FOR THE DOCTRINE OF THE FAITH AND THE DICASTERY FOR PROMOTING INTEGRAL HUMAN DEVELOPMENT, *Oeconomicae Pecuniariae Quaestiones* (English version), *Considerations for an ethical discernment regarding some aspects of the present economic -financial system*, Carmel International Publishing House, Trivandrum, 2018.

### **ISMF T17 Love Precedes Desire: Theocentric Humanistic Choice and Action in the *Summa Theologica* of St. Thomas Aquinas**

**Puthenpurackal**

The Christian moral vision observes the ordering of rational and irrational faculties in human action as they are destined to achieve a magnificent realization. It is in the beginning of Scholastic period, there arose a sense of ordering of human rational and irrational principles in accordance with spiritual realization within virtue-dynamism. It is about the ordering of human nature through the virtues which are acquired and practiced and accepted as guiding principles. The ordering of desire towards God's benevolent gift of love, is articulated in theology mainly in the *Summa Theologica* of St. Thomas Aquinas (1225-1274), (*STh. Ia. Ilae.*, q.90, a.4), who systematically re-introduced cardinal virtues which guide human nature, pronouncing it theologically to attain spiritual realization (*STh. Ia.*, q.93).

### **Bibliography:-**

1. Thomas Aquinas, *Aquinas' Shorter Summa: Saint Thomas' Own Concise Version of His Summa Theologica*, Sophia Institute Press, Manchester, 1993.
2. Thomas Aquinas, *Aquinas' Catechism: A Simple Explanation of the Catholic Faith by the Church's Greatest Theologian*, Sophia Institute Press, Manchester, 2000.
3. Guido Gatti, *Manuale di Teologia Morale*, Editrice Elledici, Torino, 2001.
4. Maurice Blondel, *Action: Essay on a Critique of Life and a Science of Practice*, Olivia Blanchette (trnsl.), Notre Dame 2007.

**ISMF P02 Substance Abuse Counselling and Family Therapy****Alencherry**

Defines and describes substance abuse, dependence and co-dependence, the nature and kinds of substances, addict personality, stages of substance abuse, different approaches to the problem, rehabilitation and counselling.

**Bibliography:-**

1. E. Goode, *Drug, Society and Behavior*. Connecticut, 1993.
2. C. Nakken, *The Addictive Personality*. Pleasant Valley, 1988.
3. H. Hancock, *Ecological / Family Model*. Miami, 1990.
4. E. Kaufman and P. Kaufman, *Family Therapy for Drug and Alcohol Abuse*. London, 1992.
5. L. G. Rickey, *Counselling the Chemically Dependent*. London, 1990.
6. Joseph Alencherry, *Alcoholism and the Family*, CANA Publication, 2008

**ISMF T 18 Nuptial Mystery: Theology of the Body:****Antony Chundelikkat**

This Course presents the dogmatic development of the interpersonal communion in relation to the Trinity, Creation and Incarnation. It discovers a new way of looking at God's original plan as connected with the sacramentality of the body and the gift of self. It is a comprehensive study of the meaning of the man as the image and likeness of God which expresses man and woman together, the one-flesh. This course examines the foundations and the basic concepts found in John Paul II's "Catechesis on human love" as developed in the "Wednesday Audiences" on the theology of the body, and other writings. This subject also looks into the theological connection between Trinitarian mystery, mystery of Creation. It looks in a deeper way what it means to be male and female, creation of God's image. This course aims to give a deeper understanding how God reveals himself through Jesus, marriage, the sacraments.

**Bibliography**

1. John Paul II, *Theology of the Body*, St. Paul Boston, 2007.
2. A. Scola, G. Marengo, J.P. Copez, *La Persona Umana: Antropologia Teologica*, Jaca book, Milano, 2000.
3. A. Scola, *The Nuptial Mystery*, UK, 2005.
4. U. Von Balthasar, *Theo-Drama, Vol. III, The Dramatis Personae: The Person in Theology of the Body*, by JP II, Catechesis.
5. A. Chundelikkat, *Theology of the Body in John Paul II*, St. Paul's, Bombay, 2010.







## INSTITUTE CALENDAR 2025 -2026

### JULY 2025

Date	Day	Particulars
01	Tue	Class
02	Wed	Class
03	Thu	Class
04	Fri	Class
05	Sat	Class
06	Sun	
07	Mon	Class
08	Tue	Class
09	Wed	Class
10	Thu	Class
11	Fri	Class
12	Sat	Class
13	Sun	
14	Mon	New Academic Year
15	Tue	Class
16	Wed	Class
17	Thu	Class
18	Fri	Class
19	Sat	Class
20	Sun	
21	Mon	Class
22	Tue	Class
23	Wed	Class
24	Thu	Class
25	Fri	Class
26	Sat	Class
27	Sun	
28	Mon	Class
29	Tue	Class
30	Wed	Class
31	Thu	Class

### AUGUST 2025

Date	Day	Particulars
01	Fri	Class
02	Sat	Class
03	Sun	
04	Mon	Class
05	Tue	Class
06	Wed	Class
07	Thu	Class
08	Fri	Class
09	Sat	Class
10	Sun	
11	Mon	Class
12	Tue	Class
13	Wed	Class
14	Thu	Class
15	Fri	Independence Day
16	Sat	Class
17	Sun	
18	Mon	Class
19	Tue	Class
20	Wed	Class
21	Thu	Class
22	Fri	Class
23	Sat	Class
24	Sun	
25	Mon	Class
26	Tue	Class
27	Wed	Class
28	Thu	Class
29	Fri	Class
30	Sat	Class
31	Sun	



## INSTITUTE CALENDAR 2025 -2026

### SEPTEMBER 2025

Date	Day	Particulars
01	Mon	Class
02	Tue	Class
03	Wed	Class
04	Thu	Class
05	Fri	Class
06	Sat	Class
07	Sun	
08	Mon	Class
09	Tue	Class
10	Wed	Class
11	Thu	Class
12	Fri	Class
13	Sat	Class
14	Sun	
15	Mon	Class
16	Tue	Class
17	Wed	Class
18	Thu	Class
19	Fri	Class
20	Sat	Class
21	Sun	
22	Mon	Class
23	Tue	Class
24	Wed	Class
25	Thu	Class
26	Fri	Class
27	Sat	Class
28	Sun	
29	Mon	Class
30	Tue	Class

### OCTOBER 2025

Date	Day	Particulars
01	Wed	Class
02	Thu	Class
03	Fri	Class
04	Sat	Class
05	Sun	
06	Mon	Class
07	Tue	Class
08	Wed	Class
09	Thu	Class
10	Fri	Class
11	Sat	Class
12	Sun	
13	Mon	Class
14	Tue	Class
15	Wed	Class
16	Thu	Class
17	Fri	Class
18	Sat	Class
19	Sun	
20	Mon	Class
21	Tue	Class
22	Wed	Feast of St. John Paul II
23	Thu	Class
24	Fri	Class
25	Sat	Class
26	Sun	
27	Mon	Class
28	Tue	Class
29	Wed	Class
30	Thu	Class
31	Fri	Class



## INSTITUTE CALENDAR 2025 -2026

### NOVEMBER 2025

Date	Day	Particulars
01	Sat	Class
02	Sun	
03	Mon	Class
04	Tue	Class
05	Wed	Class
06	Thu	Class
07	Fri	Class
08	Sat	Class
09	Sun	
10	Mon	Class
11	Tue	Class
12	Wed	Class
13	Thu	Class
14	Fri	Class
15	Sat	Class
16	Sun	
17	Mon	Class
18	Tue	Class
19	Wed	Class
20	Thu	Class
21	Fri	Class
22	Sat	Class
23	Sun	
24	Mon	Class
25	Tue	Class
26	Wed	Class
27	Thu	Class
28	Fri	Class
29	Sat	Class
30	Sun	

### DECEMBER 2025

Date	Day	Particulars
01	Mon	Class
02	Tue	Class
03	Wed	Class
04	Thu	Class
05	Fri	Class
06	Sat	Class
07	Sun	
08	Mon	Feast of Immaculate Conception
09	Tue	Class
10	Wed	Class
11	Thu	Class
12	Fri	Class
13	Sat	Class
14	Sun	
15	Mon	Class
16	Tue	Class
17	Wed	Class
18	Thu	Class
19	Fri	Class
20	Sat	Class
21	Sun	
22	Mon	Class
23	Tue	Class
24	Wed	Class
25	Thu	Christmas
26	Fri	Class
27	Sat	Class
28	Sun	
29	Mon	Class
30	Tue	Class
31	Wed	Class

**INSTITUTE CALENDAR 2025 -2026****JANUARY 2026**

Date	Day	Particulars
01	Thu	Class
02	Fri	Class
03	Sat	Class
04	Sun	
05	Mon	Class
06	Tue	Class
07	Wed	Class
08	Thu	Class
09	Fri	Class
10	Sat	Class
11	Sun	
12	Mon	Class
13	Tue	Class
14	Wed	Class
15	Thu	Class
16	Fri	Class
17	Sat	Class
18	Sun	
19	Mon	Class
20	Tue	Class
21	Wed	Class
22	Thu	Class
23	Fri	Class
24	Sat	Class
25	Sun	
26	Mon	Republic Day
27	Tue	Class
28	Wed	Class
29	Thu	Class
30	Fri	Class
31	Sat	Class

**FEBRUARY 2026**

Date	Day	Particulars
01	Sun	
02	Mon	Class
03	Tue	Class
04	Wed	Class
05	Thu	Class
06	Fri	Class
07	Sat	Class
08	Sun	
09	Mon	Class
10	Tue	Class
11	Wed	Class
12	Thu	Class
13	Fri	Class
14	Sat	Class
15	Sun	
16	Mon	Class
17	Tue	Class
18	Wed	Class
19	Thu	Class
20	Fri	Class
21	Sat	Class
22	Sun	
23	Mon	Class
24	Tue	Class
25	Wed	Class
26	Thu	Class
27	Fri	Class
28	Sat	Class



**MARH 2026**

Date	Day	Particulars
01	Sun	
02	Mon	Class
03	Tue	Class
04	Wed	Class
05	Thu	Class
06	Fri	Class
07	Sat	Class
08	Sun	
09	Mon	Class
10	Tue	Class
11	Wed	Class
12	Thu	Class
13	Fri	Class
14	Sat	Class

15	Sun	
16	Mon	Class
17	Tue	Class
18	Wed	Class
19	Thu	Class
20	Fri	Class
21	Sat	Class
22	Sun	
23	Mon	Class
24	Tue	Class
25	Wed	Class
26	Thu	Class
27	Fri	Class
28	Sat	Class
29	Sun	
30	Mon	Class
31	Tue	Class

**SCHEDULE OF CLASSES**

DAY	HOURS				
	9.30-10.15	10.20-11.05	11.20-12.05	12.10 -12.50	02.00 - 02.45
MON					
TUE					
WED					
THU					
FRI					