

JOHN PAUL II PONTIFICAL THEOLOGICAL INSTITUTE FOR MARRIAGE AND FAMILY SCIENCES

INDIAN SESSION CANA



PROSPECTUS & CALENDAR 2026-2027

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Leo P.P. XIV

HIS HOLINESS POPE LEO XIV



APOSTOLIC CONSTITUTION
Magnum Matrimonii Sacramentum

John Paul II, Bishop, Servant of the Servants of God,
as an everlasting memorial

1. The Church has always shown her special pastoral concern for the great sacrament of Matrimony (cf. Eph 5:32) since she is "conscious that marriage and the family are one of the greatest goods belonging to the human race" (*Familiaris Consortio*, n.1). Indeed "the salvation of the individual as well as of human and Christian society itself is intimately connected with the health and well-being of marriage and the family" (*Gaudium et Spes*, n.47). A sign of this special pastoral concern is the very lengthy treatment, which the Vatican Council II gave to it in its deliberations. The popes and bishops of the entire world have never tired of teaching and furthering the loftiest ideals of marriage and the family, while at the same time supplying answers to the questions of today as our Predecessor Pope Paul VI did when he issued his encyclical, *Humanae Vitae*.

Among the many signs of this great concern in more recent times has been the Synod of Bishops held in Rome from 26th September until 25th October 1980, as well as the establishment of the *Pontifical Council* for the Family.

2. Among the major responsibilities entrusted to the Church, which have to do with marriage and the family, one of the most distinct is the duty to "state to everyone the plan of God for marriage and the family in order to safeguard its full vigour and advancement both in a human and a Christian sense" (*Familiaris Consortio*, n.3). This is the reason why the Church was so zealous to study the theology of marriage and to set up institutes which would encourage the pastoral care of

marriage and the family. These institutes were to work in a special way in the field of pastoral care.

Now it has become necessary to found a primary Institute of studies whose special concern will be to promote the basic theological and pastoral study of marriage and family for the good of the whole Church.

3. Therefore, after mature deliberation, we determine and decree that the Pontifical Institute for Marriage and Family, which has already been set up at the Pontifical Lateran University, should now be given juridical form. This is done so that the truth of Marriage and the Family may be given ever closer attention and study, and that lay people, religious and priests can receive scholarly formation in the study of marriage and the family either in a philosophical-theological way, or from the point of view of the human sciences. In such a way their pastoral and ecclesial ministry for the good of the People of God will be more carefully and effectively carried out.

Central to the concept of this Institute will be its right to confer the following academic degrees:

- The Doctorate in Sacred Theology with a specialization in the theology of Marriage and the Family.
- The Licentiate in Theology of Marriage and the Family and the Licentiate in Family Sciences.
- The Diploma in the study of Marriage and the Family.

4. The Institute will implement the following objectives:
 - A. The establishment of a curriculum leading to Doctorate in Sacred Theology in the theological study of Marriage and the Family for those who already have attained the Licentiate in Sacred Theology.
 - B. The establishment of a curriculum for the Licentiate in Sacred Theology for those who have received the Bachelor's Degree in Sacred Theology and a new Licentiate in Family Sciences for those who have received the Bachelor's Degree in any subjects.
 - C. The establishment of a curriculum for the Diploma in the Theology of Marriage and the family for those who are entitled to take courses at the University level in their own nations.
 - D. The planning of study seminars to which people of sound judgment may be invited to consider the more serious and important questions pertaining to Marriage and the Family. These seminars may take place either at the request of the Dicasteries of the Roman Curia or of individual Episcopal Conferences.
5. The academic Authorities are personal and collegial (See Apostolic Constitution *Veritatis Gaudium*, art. 15). The personal authorities are:



for the entire Institute and the Central Session, the Grand Chancellor and the President of the Institute; for the Central Session its Vice-President; for the extra-urban Sessions, also their respective Vice-Grand Chancellor and Vice-President.

The collegial authorities for the entire Institute are Higher Council and the Council of the Institute; for the Central Session the Council of the Central Session; for the respective Sessions the Session Council.

6. Whatever this apostolic Constitution establishes shall in due time be put into effect by the specific regulations of the Institute. These shall be approved by the legitimate Authority of the Holy See after hearing the advice of the Academic Senate of the Pontifical Lateran University.
7. The Institute is entrusted in a special way to the care of the Most Blessed Virgin Mary under her title, Our Lady of Fatima.

Finally, we want this Constitution of ours to be firm, valid and effective, and it must be scrupulously observed by all concerned, notwithstanding anything to the contrary.

(Given at Rome, at St. Peter's on the 17th of October, on the feast of Our Lady Of the Rosary, in the year 1982, the fourth year of our Pontificate. John Paul II)

* * *

ADMINISTRATION

Grand Chancellor	: His Eminence Cardinal Baldassare Reina
Grand Vice-Chancellor	: His Grace Mar Thomas Tharayil (Metropolitan Archbishop of Changanacherry)
President	: Msgr. Philippe Bordeyne (Rome)
Vice-President	: Rev. Dr. Tom Kainikkara
Dean of Studies	: Rev. Dr. Jacob Koippally

INSTITUTE COUNCIL

Rev. Dr. Tom Kainikkara (President)	Rev. Dr. Tomy Puthenpurackal
Rev. Dr. Jacob Koippally (Secretary)	Rev. Dr. Jose Parappally
Rev. Dr. Thomas Kochuthara	Rev. Dr. Philip Kavithazhe
Rev. Dr. Scaria Kaniyakonil	Rev. Dr. Thomas Vallianipuram
Rev. Dr. Antony Moolayil	Prof. Dr. P.C. Aniyankunju

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THE IDENTITY AND NATURE OF THE INSTITUTE

The Pontifical John Paul II Institute for studies on Marriage and Family, established in 1981 by His Holiness John Paul II, with its central faculty in Rome at the **Pontifical Lateran University** has a network of specialized sessions for studies on Marriage and Family across the whole world. The Institute is in a certain sense an "unicum" among the Ecclesiastical Academies. In fact, the Institute is one (with one Chancellor and one President) and, at the same time, it is structured on each Continent by means of the juridical figure known as Session. Through the Apostolic Constitution *Magnum Matrimonii Sacramentum* of 07 October 1982, the Feast of Our Lady of the Rosary, the Central Session of the Institute was established and its identity and purpose were defined. On that occasion the Institute was entrusted in a special way to the care of the most Blessed Virgin Mary under her title, Our Lady of Fatima.

Since the foundation of the Central session in Rome, the Institute has spread to the five Continents with sessions in Washington D.C (United States), Mexico City and Guadalajara (Mexico), Madrid and Valencia (Spain), Salvador de Bahia (Brazil), Cotonou (Benin-Africa), Lebanon and Changanacherry (India). Though the courses at this Indian Session of the Institute had already started in the year 1997, only in October 2001 did the Institute become the *Indian Session* of the *Pontifical John Paul II Institute* through a Decree from the Congregation for Catholic Education. The studies undertaken at this Institute are awarded with Pontifical degrees from John Paul II Pontifical Institute, Rome.

The academic Authorities are personal and collegial (See Apostolic Constitution *Veritatis Gaudium*, art. 15). The personal authorities are: for the entire Institute and the Central Session, the Grand Chancellor and the President of the Institute; for the Central Session its Vice-President; for the extra-urban Sessions, also their respective Vice-Grand Chancellor and Vice-President.

The collegial authorities for the entire Institute are Higher Council and the Council of the Institute; for the Central Session the Council of the Central Session; for the respective Sessions the Session Council.

I. Marriage and Family as a Way of Life

"The future of humanity passes by way of the family" (FC n.86). This is the time of the family, inside the Church and within society. Addressing the members of the Pontifical John Paul II Institute on March 23, 1992, the Holy Father John Paul II said, "the gospel message on the family is today at the centre of crucial concern for the Christian existence and the new Evangelization". In the Encyclical Letter "*Redemptor Hominis*", he stated the animated word: "Man cannot live without love. He remains a being that is incomprehensible for himself; his life is senseless if love is not revealed to him, if he does not encounter love, if he does not experience it and make it his own, if he does not participate intimately in it" (n.24).



In the Encyclical Letter *Deus Caritas Est*, Pope Benedict XVI makes clear that “Marriage based on exclusive and definite love becomes the icon of the relationship between God and his people and vice versa. God’s way of loving becomes the measure of human love” (n.11). Keeping the spirit of its founder Pope John Paul II, the ultimate goal of research in the Pontifical John Paul II Institute for Studies on Marriage and Family, is to provide a deeper understanding of God’s plan on Marriage and Family by means of multidisciplinary education rooted in sound philosophical, theological, psychological and other areas of human sciences.

John Paul II Institute prepares postgraduates (laypersons, priests, and religious) for many types of activities in the field of marriage and the family. In some cases this activity is directly pastoral and apostolic, while in other cases it is combined with professional activity. It prepares persons for research in academic work in the social- medical field, educators in the schools, in the fields of counselling, health care institution, and family pastoral ministries.

II. The Distinguishing Feature of the Institute’s Study and Objectives

John Paul II Institute is devoted to the study of the truth about human person in all its dimensions: theological, philosophical, psychological and other human sciences. Established “for India and the neighbouring countries”, this Institute at Changanacherry is committed to serving the whole of India and the neighbouring countries and all Christian Churches.

The Institute bases its study on the fact that Marriage and Family are rooted in the inmost nucleus of the truth about man and his destiny. Sacred Scripture reveals that the vocation to love is part of the authentic Image and Likeness of God. It focuses on the study on the newness of John Paul II’s teaching on human love. A philosophy of marriage and Family that reveals the *Communio Personarum* is one of the main areas of our teaching. The systematic theology that allows an “adequate” anthropology is another central theme. This anthropological study seriously takes the notion of *nuptial mystery* in order to find the truth and meaning of Marriage and Family. The sacramental value of marriage and the ecclesiology of Marriage and Family are studied from various dimensions. A moral theology of Excellence in Love and Action is another key area of our research. The moral theology searches how the experience of love is inscribed in human action. The method proper to the Institute and one of its specific tasks in studying marriage and family consists in the interdisciplinary use of the human sciences: psychology, pedagogy, sociology, law, bio-ethics, biology, medicine etc.

III. The Programme of Study

The Institute offers two Licentiate Degrees in Marriage and Family. Both these programmes are designed upon the model of the Pontifical John Paul II Institute across the world, while remaining sensitive to local academic and intellectual traditions, and to the particular challenges facing marriage and family

in Asian region. The students can attend two programme simultaneously, one at SB College, leading to the MA degree, with specialization in Family Studies, from MG University, and the other at the John Paul II Pontifical Institute, leading to the Licentiate degree. Other than the degree programmes, the Institute offers different diploma programmes in Counselling and Family Ministry.

IV. The New Institute

Pope Francis, on 8th September 2017 through his motu proprio *Summa familiae cura* “By the greatest concern for the family” gave to the institute a new name and redefined its mission.

According to Pope Francis, “The welfare of the family is decisive for the future of the world and that of the Church...We do well to focus on concrete realities, since ‘the calls and the demands of the Spirit resound in the events of history’, and through these the Church can also be guided to a more profound understanding of the inexhaustible mystery of marriage and the family.” Therefore, he states, “we must look, with the intellect of love and with wise realism, at the reality of the family today in all its complexity, with its lights and its shadows.”

In this context Pope Francis thinks that it is timely to give a new legal disposition to the John Paul II Institute, so that this academic institution today be better recognised and appreciated. Therefore, Pope Francis decided to institute a new John Paul II Pontifical Theological Institute for Marriage and Family Sciences, broadening its field of interest, both in relation to the new dimensions of the pastoral task and of the ecclesial mission, and with reference to developments in the human sciences and in anthropological culture in a field so fundamental for the culture of life.

A total vision of the new institute would be clear through the articles 1 to 6 of the same document.

The Institute in India enjoys the warm encouragement of the Bishops’ Conference of India and the special interest of the Major Superiors and Provincials of the religious congregations. The Graduates from the Indian Session are actively involved in the socio-medical field, in the fields of counselling, health care institutions, personal and family law and family pastoral ministries in various dioceses in India. The Institute has attracted students not only from India but also from other neighbouring countries and all the Christian Churches. Here they have found a strong sense of family spirit and a great quality in academic research. By this time, these programmes have proven themselves to be a productive way of replying to the ever-increasing demand that the pastoral care of families is placing on local Churches and society. The Institute also hopes to award in the near future, secular University degrees in affiliation with the Indian universities.

Dr. Tom Kainikkara, Vice-President



NORMS FOR APPLICATION FOR LICENTIATE

Fill up the application form and send it to the Vice-President or submit it online along with the following items.

1. Original and two attested copies of the qualifying Certificate.
(For Licentiate degree, B.Th Certificate/Degree Certificate together with Marklists is to be attached)
2. Original and two attested copies of the front page and the marklist of the S.S.L.C. certificate.
3. Three passport size photos.
4. Bio-data
5. Recommendation Letter of the Bishop or the Superior
6. Application form and Registration fee: Rs. 1500/-. All the fees can be remitted online using the link in the website: www.stjohnpaul2institute.org

The Bio-data should include: Name, address, academic qualification, languages known, job experiences, participation in organizations, special interests, research interests, expectations from the course, career goals in attending the course and other details if any.

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CANA: 8289833641 Office: 9847702651
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FEES

LICENTIATE

Registration	1500	
Establishment fee	2000	(Annually)
Tuition		
Licentiate	12500	(Per Semester)
Graduation fee	1000	
Licentiate Thesis Submission	1500	
Boarding & Mess	40000	(Per Semester)



DIPLOMA COURSE IN FAMILY MINISTRY AND COUNSELLING PSYCHOLOGY (JP II INSTITUTE ROME & SRC) (Five Months)

Registration	500
Tuition	14,500 (For Family Ministry & Counselling Psychology)
Boarding & Mess	7000 (Per month)

LICENTIATE PROGRAMME COURSE REQUIREMENTS

Students are required to do courses and seminars for 54 credits (one credit is 15 lecture hours) with at least a B grade average. They have to do four seminars (8 credits), one in each semester. Students are required to make one book review for each semester. They will select the books with the approval of the professors. Extension Lectures in "Theology & human sciences" are obligatory for the completion of the course. They will also make a research study under the guidance of a Professor on a specific theme, and submit a written Thesis of 80 to 100 typed pages. The Dean of Studies will appoint a Second Reader for the Thesis. Only when the Thesis is approved by both the Guide and the Second Reader, the student can appear for the final examinations.

To appear for the Examination the student has to earn 80 % of the attendance in each subject. The student will also have to successfully defend the thesis before a panel of professors, decided by the Institute Council. Besides the Defence, the students have to undergo the Comprehensive Oral & Written Examinations.

NORMS FOR THE COMPREHENSIVE EXAM AND THESIS DEFENCE

The modalities of the Comprehensive Oral & Written examination will be proposed by the Institute Council and will be published one month in advance.



The student has to write a thesis which should manifest "Scientific Excellence"

- The theme of the thesis has to be approved by the Institute Council.
- The Student has to submit a copy of the Thesis to the Dean of Studies to be submitted to the Second Reader for its assessment.
- The student has to present two copies of the thesis at the office of the Institute after the Public Defence and the Final Corrections.
- The thesis should not exceed 100 pages (including index and bibliography).
- Only limited internet references will be accepted for the Thesis.

NORMS FOR THE EXAM

- All the students have to appear for the regular sessions of the examinations fixed by the Institute. Those who do not secure pass marks and those who fail to appear in the regular session can do the examinations in a second session where the evaluation will be out of 95 percent of the total marks.
- The mode of exam is left to the freedom of the examiner.
- The office of the institute, in consultation with the Professor concerned, has to ensure that the student has sufficient percentage of attendance required for the course.

LANGUAGE REQUIREMENT

The student is required to manifest a working knowledge of one modern language (German or Italian) for the completion of the Licentiate Degree Programme. The language courses may be offered at the Institute for which the students will have to pay a minimum amount.

EXAMINATION (LICENTATE)

Examinations for individual subjects have to be done at the Scheduled time. The Vice-President may allow students to appear for examinations outside the scheduled time owing to serious reasons. To appear for the examination, there should be 80% attendance. To appear for the Final examination the candidates, who have earned the necessary credits, will have to satisfy all requirements as may be stipulated from time to time.



GRADING SYSTEM FOR LICENTATE

Total Marks: 30

Distinction	:	A+ (Summa cum Laude)	:	29.5 - 30
First Class	:	A (Magna cum Laude)	:	27.5 - 29.4
Second Class	:	B+ (cum Laude)	:	25.5 - 27.4
Third Class	:	B (Bene Probatus)	:	21.5 - 25.4
Third Class	:	C (Probatus)	:	18 - 21.4
Fail	:	F	:	Below 18

N.B. 5 marks out of 30 for each individual subject will be set apart for internal assessment by the professor concerned in the following manner:

Active participation and attendance in class	-	3 marks
Class notes	-	2 marks

FINAL GRADING

The final grading will be done in the following manner:

Individual topics and seminars	:	500 marks
Thesis	:	150 marks
Comprehensive oral exam	:	150 marks
Comprehensive written examination	:	100 marks
Total	:	900 marks



COURSES OFFERED

LICENTIATE IN FAMILY THEOLOGY

SECTION ONE: CORE COURSES

ISMF A01	Nuptial Mystery: Theology of the Body (Part I)	(2)
ISMF A02	The Theological Significance of the Body (Part II)	(2)
ISMF A03	Communio Personarum	(2)
ISMF B01	Marriage and Family in the Old Testament	(2)
ISMF B02	Marriage and Family in the New Testament	(2)
ISMF B03	Life in the Bible	(2)
ISMF M01	Primacy of Love - Thomistic Interpretation of Morality	(2)
ISMF M03	The Vocation to love: Sexuality and Happiness	(2)
ISMF M04	Different Schools in Moral Philosophy	(2)
ISMF M12	Learning to Love: Passion and Choice	(2)
ISMF M13	An Excellent Love: Chastity and Charity	(2)
ISMF M14	Bioethics: LGBT Issues	(2)
ISMF P03	Family Psychology	(3)
ISMF P05	Theories of Personality	(2)
ISMF S01	Social Subjectivity of the Family	(1)
ISMF T01	Patristic teachings on Marriage and Family	(2)
ISMF T02	Family Spirituality & Eucharistic Foundation of Marriage & Family	(2)
ISMF T05	Theology of Marriage and Family	(2)
ISMF T16	Fundamental Theology of the Christian Form	(2)
ISMF V01	Magisterial Teachings on Marriage and Family	(2)
ISMF V02	Marriage and Family in the World Religions	(2)
ISMF V04	Family Apostolate & Family Ministries	(2)
ISMF V14	Modern Culture and the Sacrament of Marriage & Family	(2)
ISMF V16	Laws on Women and Children	(2)
ISMF V18	Pastoral Accompaniment to Families in the Light of 'Amoris Laetitia'	(2)

SECTION TWO: ADDITIONAL COURSES

ISMF A05	Natural Family Planning	(1)
ISMF A10	Anthropological Foundation of Marriage and the Family	(1)
ISMF LG1	Italian/ German Language	(2)
ISMF LG2	Latin Language	(1)
ISMF M05	Ethical Issues at the Beginning of Life	(2)
ISMF M15	Ethical Issues at the End of Life	(2)
ISMF M06	The Moral Foundations and the Human Action	(2)

ISMF P02	Substance Abuse Counselling & Family Therapy	(2)
ISMF P06	Different Approaches in Psychology	(2)
ISMF P07	Attachment Theory	(1)
ISMF P08	Neuro-Linguistic Programme	(1)
ISMF P09	Abnormal Psychology	(2)
ISMF P20	Family Therapy Part II	(2)
ISMF P21	Family Therapy Part I	(2)
ISMF P22	Parenting Psychology	(2)
ISMF S02	Family & Common Good	(1)
ISMF T06	Foundations of Ecclesiology I & II	(1)
ISMF T07	Family and Liturgy	(1)
ISMF V08	Counselling Practicum	(2)
ISMF V11	Family Care in Pastoral Context – Psychological Approach	(2)
ISMF V12	Marital Love & Adjustment	(2)
ISMF T17	Love Precedes Desire: Theocentric Humanistic Choice and Action in the Summa Theologica of St. Thomas Aquinas	(2)

SECTION THREE: OPTIONAL COURSES

ISMF P10	Schizophrenia and the Family	(1)
ISMF P11	Behaviour and its modification in Relation to the Family	(1)
ISMF P12	Adolescence-Related Problems and Family	(1)
ISMF P13	Crisis Counselling	(1)
ISMF P14	Mood Disorders	(1)
ISMF P15	Motivation and Personality	(1)
ISMF P16	Psychopathology, Crime and Delinquency	(1)
ISMF P17	Human Development and Family Relationships	(2)
ISMF P18	Mental Health and Disorders	(1)
ISMF S03	Sociology of Health and Hospital Management	(1)
ISMF V06	Marriage and Canon Law	(2)
ISMF V07	Civil Law on Family Values and Marriage (Indian Context)	(1)

SECTION FOUR: SEMINARS

ISMF A07	Hermeneutics of Human Person	(2)
ISMF A08	Women Empowerment	(2)
ISMF B04	Families in the Bible	(2)
ISMF M07	Bioethical Issues	(2)
ISMF M08	Moral Philosophy	(2)
ISMF M09	Virtue-centred moral life	(2)
ISMF M10	Veritatis Splendor & different moral approaches	(2)



ISMF T09	Family: The Domestic Church	(2)
ISMF T10	Theology of Love	(2)
ISMF T11	Theological Anthropology with Patristic Emphasis	(2)
ISMF T12	Revisiting Humanae Vitae after Fifty Years	(2)
ISMF V13	Pastoral Care for Migrants	(2)
ISMF V15	Families at crossroads: Pastoral issues of mixed marriages	(2)

SECTION FIVE: ADDITIONAL SUBJECTS

(Obligatory for all students)

ISMF 605	Research and Thesis Writing Methodology	(2)
ISMF 606	Extension Lectures in Theology & Human Sciences	

COURSES OFFERED

LICENTIATE IN FAMILY SCIENCES

All the courses of Family Theology are included in this course

SECTION ONE: CORE COURSES

ISMF A09	Anthropological questions in the perspectives of "Laudato si"	(2)
ISMF T15	Family in Literature and Cinema in the Indian Context	(2)
ISMF V16	Family and the Demography	(2)
ISMF V17	Family and Economics	(2)
ISMF V19	Glimpses of Family Values in Modern English Literature	(1)

DIPLOMA COURSE IN FAMILY MINISTRY & COUNSELLING PSYCHOLOGY

(Accredited by John Paul II Pontifical Institute, Rome & State Resource Centre)

- Theology and Spirituality of Marriage and Family
- Basic Psychology
- Abnormal Psychology
- Bioethics and Family
- Parenting
- Human Sexuality
- Social Psychology
- Personality Theories
- Developmental Psychology
- Counselling Skills and Techniques
- Couples and Family Therapies



DIVISION OF COURSES

I SEMESTER (2026 July – 2026 November)

ISMF B02 Marriage and Family in the NT

Vallianippuram

This course offers a comprehensive study of the theology of marriage and family in the New Testament. The first part examines the Synoptic Gospels, focusing on themes such as Jesus' incarnation within a human family, his genealogy in Matthew and Luke, the Virgin Birth and its implications, the family of Nazareth as a model, and his teaching on the divine origin and indissolubility of marriage. The second part explores the Johannine perspective, including the wedding at Cana, the raising of Lazarus, and Jesus' encounter with the Samaritan woman. The third and fourth parts analyze the role of families in Acts and the Pauline theology of marriage, with exegetical studies of 1 Corinthians 7 and Ephesians 5:21–6:9, as well as the significance of house churches in evangelization. Finally, selected texts from Hebrews, 1 Peter, and Revelation are studied to synthesize a systematic vision of the theology of marriage and family as revealed in Christ.

Bibliography

1. Davies, W. D., and D. C. Allison. *The Gospel according to Mathew*, 3 volumes, Edinburgh: T & T Clark, 1988, 1990, 1991.
2. Fitzmyer, Joseph A. *The Gospel according to Luke*, 2 volumes, New York: Doubleday, 1981, 1985.
3. France, R. T. *The Gospel of Mark*, Grand Rapids: Eerdmans, 2002.
4. Brown, Raymond, E. *The Gospel according to John*, 2 volumes, New York: Doubleday, 1966, 1970.
5. Fitzmyer, Joseph A. *Pauline Theology: A Brief Sketch*, Englewood Cliffs: Prentice Hall, 1967.

ISMF M16 Meaning of Affection, Happiness and Human Sexuality

Koippally

This course aims at an integrated vision of sexuality. It tries to analyze sexuality in a positive way, as a part of human life and as a responsible gift that God provides in human life with the gender difference as man and woman. The first part of the course explains the relation between Love and sexuality, in which the study concentrates on chastity as an excellent expression of love, difficulties of loving and fragile nature of love. The second part of the study is an analysis of the integrating ways of affectivity and different types of personalities



in traditional moral approach. The third part deals with the education of desires and the necessity of being virtuous to have a healthy and integrated sexual life.

Bibliography

1. CDF, *On the Pastoral Care of Homosexuality*, 1986.
2. Pontifical Council for Social Communication, *Pornography and Violence in the Communication Media*, 1989.
3. CDF, *Nondiscrimination against Human person*, 1992.
4. Pontifical Council for Family, *Truth and Meaning of Human Sexuality*, 1995

ISMF P03 Family Psychology

Alencherry

This course deals with the psychological aspects of family life; family as the sum total of the interpersonal relationships, the clustering of these relationships and their intricacies, the different schools dealing with the psychology of the family, how the psychology of the persons in the family affects family relationships. The importance of communication in the family; communication theory, fostering communication in the family etc.

Bibliography:-

1. J. Alencherry, *A Study of Life Satisfaction and Distress among Middle Class Families in India*, Miami, Barry University, 1993.
2. Goldenberg, & H. Goldenberg, *Family Therapy: An Overview*, California, 1980.
3. N. J. Ackerman, *A Theory of Family Systems*, New York: Gardner Press, 1984.
4. E. M. Duvall, *Family Development*, Philadelphia: Lippincott, 1957.
5. J. Alencherry, *Family Psychology*, Madhyasthan books,

ISMF S02 Family and Common Good

Thanamavunkal

This course explores how welfare policies shape family life and evaluates their impact through the lens of Catholic Social Teaching. It highlights the family as a fundamental social institution and a primary expression of the common good, noting that welfare planning always involves family policy, whether explicit or implicit. By examining how policies affect relationships, economic security, caregiving, child development, and social participation, the course assesses whether they strengthen or weaken family autonomy, solidarity, and responsibility. Ultimately, it situates family policy within the broader vision of the common good, emphasizing the family's role as an active social subject rather than a passive recipient of state assistance.



Bibliography

1. ALLAN, G. (Ed.), *The Sociology of the Family: A Reader*, Blackwell, Massachusetts, 1999.
2. JOHN PAUL II, Apostolic Exhortation *Familiaris Consortio*, AAS 74 (1982).
3. PONTIFICAL COUNCIL FOR THE FAMILY, *International Conference on Demography and the Family in Asia and Oceania* (Taiwan, 18-20 September 1995), 1996.
4. THANAMAVUNKAL, V., *Social Subjectivity of the Family and Subsidiary Welfare*. A Study based on the Writings of Pierpaolo Donati, Pontificia Universitas Lateranensis, Romae, 2011.
5. ZASTROW, C., *Introduction to Social Work and Social Welfare*, Brooks/Cole Publishing Company, California, 1993.
6. LEO XIV, Encyclical Letter *Magnifica Humanitas*, 2026, in <https://www.vatican.va/content/leo-xiv/en/encyclicals/documents/20260515-magnifica-humanitas.html>

ISMF T07 Family Spirituality: Liturgy

Maniyattu

The primary goal of this course is to present the necessary relation existing between liturgy and family in the Church. The course aims at introducing Liturgy as the source and summit of Christian life; the summit toward which the activity of the Church is directed and the font from which all her power flows. (LG 11, SC 10). Since family is viewed as the domestic Church (LG 11), the liturgy is of vital significance in the life of the family. As the Church of God is built up and grows in stature through the Eucharistic liturgy (UR 15), so too the domestic Church is built up and grows through the Eucharistic liturgy. The course provides the students with a brief introduction to the understanding of liturgy, so as to enable them to understand the relation between liturgy and family.

Bibliography

1. Aerath C., *Liturgy and Ethos: A study Based on the Malankara Liturgy of Marriage*, Rome 1995.
2. Chupungco, A.J., ed., *Handbook for Liturgical Studies, Vol. I: Introduction to the Liturgy*, Collegeville, Minnesota 1997.
3. Edakalathur L., *The Theology of Marriage in the East Syrian Tradition*, Rome 1994.
4. Fagerberg, D.W., *What is Liturgical Theology: A Study in Methodology*, Collegeville, Minnesota 1992.
5. Jones C. & Others, ed., *The Study of Liturgy*, New York 1992.
6. Kilmartin, E. J., *Christian Liturgy. I. Theology*, Kansas City 1988.



7. Martimort, A. G., ed., *The Church at Prayer, Vol. I.: Principles of the Liturgy*, Collegeville, Minnesota 1987.
8. Schmemann, A., *Introduction to Liturgical Theology*, New York 1986.
9. Vagaggini, C., *Theological Dimensions of the Liturgy*, Collegeville, Minnesota 1976.
10. Verheul, A., *Introduction to the Liturgy: Towards a Theology of Worship*, Collegeville, Minnesota 1968.
11. William, M., *Marriage: The Rock on Which the Family is Built*, San Francisco 1995.

ISMF V14 New Evangelization in Modern Culture and the Sacrament of Marriage and Family

Kavithazhe

"The future of humanity passes by way of the family" (FC 86). This course tries to make an analysis of modern cultural and pastoral challenges and the relevance of the family in the process of new evangelization.

Bibliography:-

1. John Paul II, *Familiaris Consortio*, (22.11.1981), in AAS 74 (1982) 2, 81-191.
2. _____, *Man and woman, He created them: A Theology of the Body*. Pauline Books and Media, 2006.
3. Benedict XVI, *Deus Caritas Est*, (25.12.2005) in AAS 98 (2006) 3, 217-252.
4. Francis, *Amoris Laetitia*, (19.03.2016) in AAS 108 (2016) 4, 311-446.
5. Marc Ouellet, *Mystery and Sacrament of Love, The theology of marriage and the family for the new evangelization*, William B. Eerdmans, Michigan, 2015.
6. Livio Melina, *Building a Culture of the Family, the Language of Love*, St. Pauls, New York 2011.

ISMF M05 Ethical Challenges at the Beginning of Life

Kainikkara

The course explores the bioethical issues regarding the beginning of human life. It deals very briefly with bioethics in general, issues of childless couples, bioethical issues of producing human life through artificial means and the holistic methods or approaches to have life within marriage. The issues of abortion is also briefly dealt within this course.

Bibliography

1. CONGREGATION FOR THE DOCTRINE OF FAITH, *Dignitatis Personae*, Instruction on certain Bioethical Questions (September 08, 2008), in AAS, 100 (2008) 858-887.
2. CONGREGATION FOR THE DOCTRINE OF FAITH, *Donum Vitae*, Instruction on Respect for Human Life in its Origin and on the



- Dignity of Procreation. Replies to Certain Questions of the Day (February 22, 1987), in AAS, 80 (1988) 70-102.
3. PONTIFICAL COUNCIL FOR THE FAMILY, *Enchiridion on the Family: A Compendium of Church Teaching on Family and Life Issues from Vatican II to the Present*, Pauline, Boston 2004.
4. IRISH CATHOLIC BISHOPS' CONFERENCE, *Towards a Creative Response to Infertility: A Detailed Response of the Irish Catholic Bishops' Conference to the Report of the Commission on Assisted Human Reproduction*, Veritas, Dublin 2006.
5. PONTIFICAL COUNCIL FOR THE FAMILY, *The Family and Human Procreation*, Catholic Truth Society, London 2006.
6. ELIO SGRECCIA, *Personalist Bioethics: Foundations and Applications*, (trans.) John A. Di Camillo - Michael J. Miller, The National Catholic Bioethics Center, Philadelphia 2012.

ISMF A11

Person and Act in the Personalist Anthropology of Karol Wojtyła

Bibin Paul Pathadan

This course examines the Personalist Anthropology of Karol Wojtyła, with particular attention to his analysis of the relationship between the human person and action. The subjectivist turn in modern philosophy, which shifts the focus from being to consciousness, often risks reducing the person to mere subjective consciousness. Wojtyła seeks to overcome this reduction by demonstrating that human action reveals the integral reality of the person. In 'Person and Act', he argues that conscious and free actions manifest the person's identity, moral character, and capacity for transcendence. By integrating Aristotelian-Thomistic metaphysics with the insights of phenomenology, Wojtyła develops a personalist anthropology that understands the person as substance, subject, and agent.

Bibliography:

1. WOJTYŁA K., *Person and Community: Selected Essays*, tr. T. SANDOK, Peter Lang, New York 1993.
2. _____, *Man in the Field of Responsibility*, tr. K. W. KEMP – Z. M. KIERON, St. Augustine's Press, Indiana 2011.
3. _____, *Love and Responsibility*, tr. G. IGNATIK, Pauline Books & Media, Boston 2013.
4. _____, *Considerations on the Essence of Man/ Rozważania o istocie człowieka*, tr. J. GRONDELSKI, Polskie Towarzystwo Tommasa z Akwinu – *Società Internazionale Tommaso D'Aquino*, Lublin-Roma 2016.



5. _____, *Person and Act and Related Essays*, tr. G. IGNATIK, The Catholic University of America Press, Washington DC 2021.
6. _____, *The Lublin Lectures and Works on Max Scheler*, tr. G. IGNATIK, The Catholic University of America Press, Washington DC 2023.

II SEMESTER

(2026 December – 2027 April)

ISMF T01 Patristic Teachings on Marriage and Family Kollamkalam

The valuable traditions of East and West with regard to marriage and family are studied in the light of the Patristic texts. Man and woman relationship, sexuality, virginity and marriage in the Fathers of the Church will be covered in this class. The candidates may have to go through the works of Tertullian, St. Ambrose, St. Augustine, St. Basil, St. John Chrysostom, St. Gregory Nazianz, St. Gregory of Nyssa, St. Ephrem etc.

Bibliography

1. Abbe Migne (ed.) *Patrologiae cursus Completus, Collection of the Fathers esp. of Tertullian*, St. Ambrose, St. Augustine, Capodocian Fathers and St. John Chrysostome.
2. W.A. Jurgens, *The Faith of the Early Fathers*, Minnesota, 1970.
3. G.S. Gasparro Et al., *The Human Couple in the Fathers*, Boston, 1998.
4. P. Brown, *The Body and Society: Men and Women and Sexual Renunciation in early Christianity*, New York, 1988.

ISMF V12 Pastoral Accompaniment to Families in the light of *Amoris Laetitia* (AL) Koippally

This study intends a re-reading of the Apostolic Exhortation *Amoris Laetitia*. We will have a comprehensive vision of the text and its context and will evaluate the debate on the same. What is the realism AL presents and what are the consequent controversies? We also discuss the relevance of the proposals that AL put forward for families and institution of marriage facing different challenges in the contemporary culture.

Bibliography

1. J. GRANADOS – S. KAMPOWSKI – J. PEREZSOBA, *Accompanying, Discerning, Integrating: A Handbook for the pastoral care of the family according to Amoris Laetitia*, Emmaus Road, Ohio 2017.
2. *Asian Horizons* Vol. 11, No. 1, March 2017, 3-196.
3. *Vidya Jyothi Journal of Theological Reflection*, Vol. 80, no. 12, 883-943.



ISMF B03 Life in the Bible

Vallianippuram

Sacredness of life is the perennial message of the Holy Bible. The classical biblical text, 'God created human being in his own image and likeness' (Gen 1:27) powerfully reinforces this truth. Jesus Christ, the Son of God, redeemed human life by giving his own life as a ransom for the whole humanity (Mt 20:28). But today life in our planet faces many challenges. The infringement of human rights, breakdown of families, grievous violations of life and atrocities against nature are the pathetic stories of modern culture. We have to create a counter culture which fosters life in all its dimensions. This course on 'Life in the Bible' has this sublime aim.

Bibliography :-

1. Brueggemann, *Theology of the Old Testament: Testimony, Dispute and Advocacy*, (Minneapolis: Fortress Press, 1997).
2. Joseph A. Fitzmyer, *The Gospel according to Luke*, 2 vols., (New York: Doubleday, 1985).
3. Raymond E. Brown, *The Gospel according to John*, 2 vols., (New York: Doubleday, 1966, 1970).
4. George Mlakuzhyil, *Abundant Life in the Gospel of John*, (Delhi: ISPCK, 2007).
5. Rui De Menezes, *Voices from Beyond: Theology of the Prophetic Books of the Bible*, (Mumbai: St Paul's, 1970).
6. Abraham J. Heschel, *The Prophets*, Two Volumes in One, (Peabody: Prince Press, 2003).

ISMF T02 Family Spirituality: Eucharistic Foundation of Marriage & Family

Parappally

It is an analysis of man's vocation to family life and the family's call to holiness. It evaluates the role and mission of the Christian family in the contemporary world as an intimate community of life and love and the spirituality that should guide it through troubled times in order to perform its role as Domestic Church. It also probes the main documents of the Church on family life especially the Apostolic Exhortation *Familiaris Consortio* by John Paul II. It also discusses the Eucharistic foundation of Marriage and the Trinitarian dimension of the Sacraments.

Bibliography:-

1. *Catechism of the Catholic Church*.
2. Vatican II, *Gaudium et Spes, Sacrosanctum Concilium, Apostolicam Actuositatem, Lumen Gentium*.
3. John Paul II, *Familiaris Consortio, Dominicae Cenae, Redemptor Hominis, Ecclesia de Eucharistia, Letter to Families*.
4. Paul VI, Encyclical Letter *Humanae Vitae*.



5. Benedict XVI, Encyclical Letter *Deus Caritas Est*.
6. Francis, Encyclical Letter *Lumen Fidei*.
7. D. Murray, *Life and Sacrament*, Freiburg, 1976.
8. Chundelikkat A., *Eucharist and Family*, ATC, Bangalore, 2010.

ISMV V04 Church and Family Ministries

Alencherry

The vision and practice of the Church regarding family ministries. Following the ministerial example of Jesus and the practice of his disciples the Church adopted the policy of ministering the family. Church's vision on Family Apostolate as envisaged in the main documents. The need for a family perspective in evangelization; The need for Family Apostolate and its importance in the Indian context; Various family ministries; The organization and administration of Family Apostolate.

Bibliography

1. Second Vatican Council, *Church in the Modern World*, 48-52.
2. Paul VI, *Humanae Vitae*.
3. John Paul II, *Familiaris Consortio*.
4. Joseph Alencherry (2018), *Family Apostolate*, Madhyasthan Books, Changanacherry.

ISMV V16 Laws on Women and Children

Adv. Joji Chirayil

Laws for the protection of women and children are dealt with in this course. The Domestic Violence Act, MTP Act, POCSO Act, Juvenile Justice Act and other relevant statutes will be discussed. Moreover the CBI guidelines to deal with sexual harassment at the workplace and KCBC guidelines for protection of minors and sexual abuse are also discussed.

ISMV V02 Marriage & Family in the World Religion

Ajay Sabhasundar

As the title indicates this subject deal with the origin, philosophy, religious tradition, moral and family values of Hinduism, Islam and Buddhism. It clearly brings out the concept of God, Man, world and salvation by analyzing their faith, rituals and doctrines. This course specifically presents the understanding of *Samskaras* (Life-cycle) in Hinduism particularly the Hindu Marriage ritual and its theology. The major sects of Islam and its religious traditions, rituals, festivals and moral and practical values is explained in this section. Mohammad teachings on Marriage, Divorce and family life is presented. Buddha's teaching on marriage ritual, family life and celibacy is explained. The similarities and the differences between Christianity and other religions bring out the uniqueness of each religion and challenge us to reflect deeply to work for the establishment of the kingdom of God where equality, justice and brotherhood will reign.



Bibliography:

1. M. DHAVAMONY, *Classical Hinduism*, Universita Gregoriana, Roma, 1982.
2. R. VERMA, *Faith and Philosophy of Hinduism*, Kalpaz Publications, Delhi, 2009.
3. S. AKHTER, *Faith and Philosophy of Islam*, Kalpaz Publications, Delhi, 2009.
4. R. PANDEY, *Hindu Samskaras*, Motilal Banarsidass Publishers, Delhi, 1969.
5. J. KURUVACHIRA, *Roots of Hindutva*, Media House, Delhi, 2005
6. S. PRASOON, *16 Hindu Samskars*, Hindology Books Publication, Delhi, 2009
7. J. Witte & E. ELLISON, (Edi) *Covenant Marriage in Comparative Perspective*, William B. Eerdmans Publishing Com., Michigan, 2005.
8. C. CURRAN & J. HANLON RUBIO (Edi.) *Marriage*, Paulist Press, New York, 2009.
9. J. PULICKAL, *Wellsprings of Conjugal Life*, Biblia Publications, Trissur, 2006.
10. H. KUNG, *Christianity & World Religion*, Doubleday, Delhi, 1986.

INSTITUTE CALENDAR 2026-2027

JULY 2026					
Date	Day	Particulars			
01	Wed	Class	14	Tue	Class
02	Thu	Class	15	Wed	Class
03	Fri	Inauguration	16	Thu	Class
04	Sat	Class	17	Fri	Class
05	Sun		18	Sat	Class
06	Mon	Class	19	Sun	
07	Tue	Class	20	Mon	Class
08	Wed	Class	21	Tue	Class
09	Thu	Class	22	Wed	Class
10	Fri	Class	23	Thu	Class
11	Sat	Class	24	Fri	Class
12	Sun		25	Sat	Class
13	Mon	Class	26	Sun	
			27	Mon	Class
			28	Tue	Class



INSTITUTE CALENDAR 2026 -2027

29 Wed Class
30 Thu Class
31 Friday Class

AUGUST 2026

Date	Day	Particulars
01	Sat	Class
02	Sun	
03	Mon	Class
04	Tue	Class
05	Wed	Class
06	Thu	Class
07	Fri	Class
08	Sat	Class
09	Sun	
10	Mon	Class
11	Tue	Class
12	Wed	Class
13	Thu	Class
14	Fri	Class
15	Sat	Independence Day
16	Sun	
17	Mon	Class
18	Tue	Class
19	Wed	Class
20	Thu	Class
21	Fri	Class
22	Sat	Class
23	Sun	
24	Mon	Class
25	Tue	Class
26	Wed	Thiruvonam
27	Thu	Class
28	Fri	Class

29 Sat Class
30 Sun
31 Mon Class

SEPTEMBER 2026

Date	Day	Particulars
01	Tue	Class
02	Wed	Class
03	Thu	Class
04	Fri	Class
05	Sat	Class
06	Sun	
07	Mon	Class
08	Tue	Class
09	Wed	Class
10	Thu	Class
11	Fri	Class
12	Sat	Class
13	Sun	
14	Mon	Class
15	Tue	Class
16	Wed	Class
17	Thu	Class
18	Fri	Class
19	Sat	Class
20	Sun	
21	Mon	Class
22	Tue	Class
23	Wed	Class
24	Thu	Class
25	Fri	Class
26	Sat	Class
27	Sun	
28	Mon	Class

INSTITUTE CALENDAR 2024 -2025

29 Tue Class
30 Wed Class

OCTOBER 2026

Date	Day	Particulars
01	Thu	Class
02	Fri	Class
03	Sat	Class
04	Sun	
05	Mon	Class
06	Tue	Class
07	Wed	Class
08	Thu	Class
09	Fri	Class
10	Sat	Class
11	Sun	
12	Mon	Class
13	Tue	Class
14	Wed	Class
15	Thu	Class
16	Fri	Class
17	Sat	
18	Sun	Class
19	Mon	Class
20	Tue	Class
21	Wed	Class
22	Thu	Feast, St. John Paul II
23	Fri	Class
24	Sat	Class
25	Sun	
26	Mon	Class
27	Tue	Class
28	Wed	Class

29 Thu Class
30 Fri Class
31 Sat Class

NOVEMBER 2026

Date	Day	Particulars
01	Sun	
02	Mon	Class
03	Tue	Class
04	Wed	Class
05	Thu	Class
06	Fri	Class
07	Sat	Class
08	Sun	
09	Mon	Class
10	Tue	Class
11	Wed	Class
12	Thu	Class
13	Fri	Class
14	Sat	Class
15	Sun	
16	Mon	Class
17	Tue	Class
18	Wed	Class
19	Thu	Class
20	Fri	Class
21	Sat	Class
22	Sun	
23	Mon	Class
24	Tue	Class
25	Wed	Class
26	Thu	Class
27	Fri	Class
28	Sat	Class



INSTITUTE CALENDAR 2026 -2027

29 Sun
30 Mon Class

DECEMBER 2026

Date	Day	Particulars
01	Tue	Class
02	Wed	Class
03	Thu	Class
04	Fri	Class
05	Sat	Class
06	Sun	
07	Mon	Class
08	Thu	FEAST OF IMMACULATE CONCEPTION
09	Wed	Class
10	Thu	Class
11	Fri	Class
12	Sat	Class
13	Sun	
14	Mon	Class
15	Tue	Class
16	Wed	Class
17	Thu	Class
18	Fri	Class, Christmas Celebration
19	Sat	Class
20	Sun	Christmas break starts from Dec. 20- Jan 07. Applied Sociology students follow College Calendar

JANUARY 2027

Date	Day	Particulars
07	Thu	Classes resume
08	Fri	Class
09	Sat	Class
10	Sun	
11	Mon	Class
12	Tue	Class
13	Wed	Class
14	Thu	Class
15	Fri	Class
16	Sat	Class
17	Sun	
18	Mon	Class
19	Tue	Class
20	Wed	Class
21	Thu	Class
22	Fri	Class
23	Sat	International Symposium
24	Sun	
25	Mon	Class
26	Tue	Republic Day
27	Wed	Class
28	Thu	Class
29	Fri	Class
30	Sat	Class
31	Sun	

FEBRUARY 2027

Date	Day	Particulars
01	Mon	Class
02	Tue	Class
03	Wed	Class

04	Thu	Class
05	Fri	Class
06	Sat	Class
07	Sun	
08	Mon	Class
09	Tue	Class
10	Wed	Class
11	Thu	Class
12	Fri	Class
13	Sat	Class
14	Sun	
15	Mon	Class
16	Tue	Class
17	Wed	Class
18	Thu	Class
19	Fri	Class
20	Sat	Class
21	Sun	
22	Mon	Class
23	Tue	Class
24	Wed	Class
25	Thu	Class
26	Fri	Class
27	Sat	Class
28	Sun	

MARCH 2027

Date	Day	Particulars
01	Mon	Class
02	Tue	Class
03	Wed	Class
04	Thu	Class
05	Fri	Class
06	Sat	Class
07	Sun	

08	Mon	Class
09	Tue	Class
10	Wed	Class
11	Thu	Class
12	Fri	Class
13	Sat	Class
14	Sun	
15	Mon	Class
16	Tue	Class
17	Wed	Class
18	Thu	Class
19	Fri	Feast, St. Joseph
20	Sat	Easter Holidays starts
31	Wed	March 20-31. Applied Sociology students follow College Calendar

APRIL 2027

Date	Day	Particulars
01-30		Study Leave, Semester Exams, Comprehensive Exams, Thesis Defence, etc.

**SCHEDULE OF CLASSES**

DAY	HOURS				
MON	9:30 - 10:15	10:20 - 11:05	11:20 - 12:55	02.00 - 02.45	02.50 - 3.35
TUE					
WED					
THU					
FRI					